

retreat|recreate
Hobart-based Arts and Crafts 12-17 April 2027
Suggested Packing List

Luggage

- One modest sized soft bag, backpack or suitcase. (Please pack lightly – preferably no more than 15kg).
- One small daypack/backpack to carry water, sunscreen, camera, first aid kit etc. for day trips.
- Check the weight and dimensions of luggage permitted by the airline(s) you'll be flying with.
- Please ensure your luggage is clearly labelled
- A lock for your luggage is recommended

Travel Documents

- Photo ID document – Driver's licence, passport or other
- Travel insurance details: including insurer details, 24 hr emergency contact telephone number and policy number (even if you are travelling with credit card insurance).
- Flight tickets, e-ticket
- Booking Summary – includes details of our starting and finishing point hotels and any pre-post tour accommodation you've booked through retreat|recreate (will be issued approximately 3 weeks prior to departure)
- Photocopies or digital copies of important documents - email a copy to yourself and next of kin.
- If you're travelling from outside Australia, be sure to advise your bank of your travels to ensure your credit/debit card isn't cancelled the first time you use it.

Money

- Money – cash/credit cards
- Money belt, pouch or neck wallet

Personal Health

- First aid kit – sunscreen, lip balm, bandaids, antiseptic cream, paracetamol/aspirin, insect repellent, travel sickness tablets/ginger tablets, throat lozenges, rehydration tablets/powder, antihistamine, etc

NB. Your own first aid kit is essential. You must carry your own first aid kit at all times during our tour

- Hand sanitiser, face masks, rapid antigen tests (preferably 3-way minimum test – Covid-19, RSV, Flu A+B)
- Personal medication/prescriptions
- Prescription glasses/contact lenses and solution/sunglasses

Clothing

- Skirts/pants
- Shirts, tops, sweaters
- Clothing you can layer – leggings, scarf/shawl, merino underlayers etc
- Underwear and socks
- Sun hat (wide brim)
- Warm hat
- Waterproof/windproof jacket
- Comfortable walking shoes
- Sleepwear

Miscellaneous

- Toiletries
- Ear plugs and eye mask (particularly for those sharing a room)
- Water bottle (refillable)
- Mobile phone and charger / powerpack
- Small umbrella
- Plastic bags for dirty clothes, shoes etc
- Reading material and/or small portable craft project if desired
- Alarm clock (or use mobile phone App)